



If a student is considered to have a concussion the following preliminary accommodations should be instituted until further guidance by Parents or Healthcare Provider

Academic

- Increased time to complete assignments as needed
- Limited use of screen time
- Minimize note taking in class (notes can be provided by teachers if available)
- No test taking until he/she is cleared to do so.

Physical

- No physical activity until given clearance to do so.

Also recommend that he/she be allowed to:

- Eat lunch in a quiet area if needed
- Leave class early in order to avoid crowded hallways.
- Go to the health room as needed.

Administration:

During the student's recovery, it may be necessary to "exempt" the student from assignments/tests. If the assignment or test is heavily weighted as part of the curriculum, give them an "I" for incomplete, so they can make it up at a later date. Please be flexible with the student and help them to develop a plan to complete assignments.

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