

What Guides Our Service?

MISSION STATEMENT

Healing Hearts of Waukesha County is a community-based organization whose mission is to serve and support grieving children and their families.

GUIDING VALUES

- H**olistic... We will incorporate mind, body and spirit.
- E**mpathetic... We will demonstrate concern for all types of losses.
- A**ccountable... We will use resources and processes responsibly.
- L**oving... We will care for grieving children and their families.
- I**nclusive... We will practice a welcoming spirit.
- N**onjudgmental... We will respect each person.
- G**rowth-nurturing... We will encourage opportunities for healing.

How Do You Contact Us?

Learn more about the program, how to volunteer and ways to donate.

You can find us at . . .
www.healingheartsofwaukesha.org



Healing Hearts of Waukesha County

Or contact Julie Mitchell,
Administrative Assistant
at info.hhwc@gmail.com

or

Kathie Kress, Program Director
at 262-751-0874

Spanish speakers may contact
Gabriela E. at 678-314-1815

Healing Hearts of
Waukesha County, Inc.
121 Wisconsin Avenue
Waukesha, WI 53186

Chris Beck, Executive Director

SUPPORTING PARTNERS

Ascension Lutheran Church
AseraCare Hospice
Cesarz, Charapata & Zinnecker Funeral Home
Church & Chapel Funeral Homes
ComForcare Senior Services
First United Methodist Church
Hospice Advantage
Randle-Dable Brisk Funeral Home
St. Anthony on the Lake Catholic Church
St. John Neumann Catholic Church
St. Luke's Lutheran Church &
St. Luke's Child Life Ministries
St. Mark's Lutheran Church
St. Mary Catholic Church
St. William Catholic Church
Salem United Methodist Church
Southminster Presbyterian Church
Stillwaters Cancer Support Services
Waukesha Kiwanis Early Risers

GRIEF SUPPORT FOR CHILDREN AND FAMILIES



Healing Hearts
OF WAUKESHA COUNTY, INC.

- ♥ death ♥ divorce ♥ separation ♥
- ♥ incarceration ♥ immigration ♥
- ♥ military deployment ♥
- ♥ abandonment ♥

What Is Healing Hearts?

Children, teens and families come together to help one another through extraordinary times . . . this is Healing Hearts! We provide a safe place for children and families to share personal stories and feelings related to loss and grief with others experiencing similar challenges.



GRIEF-SUPPORT PROGRAM FEATURES

- ♥ 12 weekly, one-hour meetings
- ♥ Fall and spring sessions available
- ♥ Small peer groups
- ♥ Trained volunteer facilitators
- ♥ Nonjudgmental, confidential setting
- ♥ Personal and confidential journals
- ♥ Weekly themes
- ♥ Games and activities
- ♥ Spanish-speaking volunteers and Spanish materials
- ♥ Childcare available for children younger than 4 years old
- ♥ **Free to all participants**

Who? Where? When?

WHO:

CHILDREN and **TEENS** who are grieving the loss of loved ones and the **ADULTS** who care about these children

*Spanish-speaking families are welcome!
Free childcare provided!*

WHERE:

121 Wisconsin Avenue, Waukesha

WHEN:

12-week sessions begin in Fall (October) and Spring (February) at 6:00 PM to 7:00 PM



Although many participants reside in Waukesha County, you are welcome to join us if you live in another county.



What Do They Say?



COMMENTS FROM PARTICIPANTS

- ♥ Healing Hearts takes my dark clouds away and brings the sun. (8-year-old)
- ♥ My daughter is more open about her feelings and what she is dealing with. (Parent)
- ♥ It helps me talk things through. I feel like I have more people to trust. (13-year-old)
- ♥ Everyone is caring and kind. It has been really helpful to be able to have this time to talk with people in similar situations. Not everyone in the rest of your life knows what you are dealing with. (Parent)
- ♥ It's helped me learn that talking to people with the same problems can help. (14-year-old)
- ♥ Healing Hearts is a place to take these feelings of grief and sadness in a world that usually doesn't want to hear about them. (Adult)
- ♥ On your worst day, you can look forward to Healing Hearts. It gives a little bit of light. (15-year-old)